

Appel à communications

pour le 16ème Colloque de la FFAT

Printemps 2016

Paris

De la mémoire
l'Art-thérapie un levier



Ffat

Fédération Française des Art-Thérapeutes
Association Loi 1901

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Art Therapy, a Springboard to Memory

Mnemosyne, the daughter of Uranus (Father Sky), and Gaea (Mother Earth), is the goddess of memory and the patron saint of the arts. She gave birth to the nine muses.

Greek mythology and its symbols help us conceptualize many of the existential questions in our lives. A deity can evoke diverse and fundamental psychological and neurological mechanisms that are basic to our functioning.

How do arts therapists understand the function of memory? What is its link to artistic creativity? How can arts therapies contribute to successful building of memory or deal with lost?

We are inclined to ask ourselves: how can we manage to positively integrate the indelible traces of traumatic events left in our memories and move on towards more resiliency, conflict resolution, and eventually transmission to the succeeding generations?

Each art medium with its specific attributes (color, form, sound, movement, time and space...) plays a specific role in conjuring up implicit memories. Today, new and emerging knowledge about neuroscience, particularly with respect to arts therapy, helps us further understand the workings of memory.

What is the role of the arts therapist when memories emerge, whether with young (children, adolescents), adults or aging persons? How can we use our specific skills to help our patients/clients?

This is the question that we are exploring today.

The 16th FFAT annual Symposium will take place in the spring of 2016.

Please send your proposals before September 15, 2015

to the following address:

contact@ffat-federation.org

Format options:

- 45 min. presentation (30 min. speech followed by 15 min. audience exchange)
- 1 hour 30 min. roundtable: three or more presenters (includes time for audience questions and comments).
- 2 hours workshop
- poster session (according to space availability for exhibiting them)

Each proposal must include: Title, name and professional status of the presenter(s) and a 3 page (max.) presentation of the content. Workshop proposals must include materials needed and prices. We will study every proposition.

« Symposium organisation » committee of the French Federation of Arts Therapists (FFAT).